



A DAY OUTSIDE OF THE CITY

A Day Outside of the City



Article by:
Melissa Tredinnick
Content Marketing Intern | ACH Bristol

On 17th August, a group of ACH staff and tenants had a very sunny day out at Folly Farm Centre. Our visit was part of an ongoing research project by the University of Bristol, who wanted to hear about some of our tenants' experiences. It was also an ideal opportunity for the group to see some of Bristol's surrounding countryside.

The day began with a walk up to the farm centre, taking in a view of the dramatic landscape on the way. Situated in the Chew Valley, the 18th Century farm house lies within a 250-acre nature reserve with a wealth of wildlife and beautiful scenery, making it a nice change of scene from usual city life.

We then moved to the farm garden: a small, peaceful spot that was perfect for our group discussion with the university researchers. Our social media volunteer, Mohamed, was in charge of photography for the day, and captured some brilliant shots of everyone deep in conversation.

After a break for lunch, the group had some time to explore the surrounding fields and woodland, and to chat more during a relaxing stroll in the sun – which, luckily, had come out just as we got there!

Hussan, one of the tenants who came along, enjoyed going somewhere different for the day: 'It was a day of good weather and friends. I liked having the chance to see more outside of Bristol, which I don't usually do. It was a chance to talk, and learn something new.'

The whole group had a great time, and agreed that we'd all like to go back soon! We're looking forward to taking part in the University of Bristol's research again, and holding similar events in the future.

