

# Nouraldin

Nouraldin is originally from Sudan, arriving in the UK as a refugee in the hope of finding sanctuary. He has been in the UK for over 9 months and is adapting well to British life after facing a severe amount of pressure within his first few months of being in the UK. Nouraldin initially found the UK to be very daunting. With no family and few friends, he had no idea where to go or who to turn to. Nouraldin had to neglect his education in Sudan in order to take over the responsibility of his elderly father's farming business.

Nouraldin lacked the confidence to speak to others, and spent a lot of time with his newly formed friends who helped him by speaking on his behalf. He shied away from meeting new people and was reluctant to travel outside of his local community.

Nouraldin was encouraged to learn English, and has since been a dedicated learner! He has thoroughly enjoyed TimeBank/Talking Together as his English Teacher helped Nouraldin with his pronunciation and elocution. He found the lessons to be interactive and consistently motivating! He especially found the group repetition of words very helpful as he did not feel alone or singled out when making mistakes. Without the help from this course Nouraldin could have been at risk of isolation and depression.

Over the course of the 12 weeks Nouraldin expressed enthusiasm in developing his English and actively watched BBC1, BBC2, and ITV. In his spare time, Nouraldin visits the local library and borrows English books whilst taking an interest in BBC4 Radio Talk shows.

Nouraldin now feels comfortable with speaking to his GP, talking over the phone and communicating with people outside of his usual social group. This has drastically improved his confidence, increased his self worth and helped him create a close group of friends. Nouraldin is now enrolled onto an ESOL Entry 1 Course and a Computer Skills Course.

After having been denied an education in his earlier stages of childhood, Nouraldin is eager to further his study. He would like to continue with education and hopefully fulfil his dreams of graduation from University. We wish you well Nouraldin!